

# On the Rise

## Brunch Menu

Sundays 8am - 2pm

Our brunch menu features as many local and organic products as possible. Organic free range eggs, fresh local greens, fruit and vegetables out of our gardens and nearby farms. We cook using the grill and stovetop in tandem with our wood fired oven and as always make everything from scratch.

### French Toast & Pancakes

**Our Challah French Toast** three slices of Challah French toast topped with fresh whipped cream.

8.<sup>25</sup> (add fruit of the day +1.50)

**Cinnamon Raisin French Toast** honey oat with cinnamon and raisins made into delicious french toast. with fresh whipped cream.

8.<sup>25</sup> (add fruit of the day +1.50)

**Rice Flour Pancakes** GF Three light and delicious cakes made from a blend of white and brown rice flour.

8.<sup>50</sup> (add fruit of the day +1.50)

**Pancakes** a white wheat flour pancake with a little bit of rice flour and corn flour thrown in to make a delicious blend.

8.<sup>25</sup> (add fruit of the day +1.50)

**Crepes Sweet & Simple** two On the Rise Crepes folded up topped with whipped cream a little powdered sugar.

8.<sup>25</sup> (add fruit of the day +1.50)

**Vermont Stuffed French Toast**

Challah French toast stuffed with extra sharp cheddar cheese and apples.

9.<sup>50</sup>

### Tortillas

**Breakfast Burrito** our flour tortilla stuffed with two scrambled eggs, cheddar cheese, black beans, fresh greens, and rice. Topped with fresh salsa & sour cream.

9.<sup>50</sup>

**Huevos Rancheros** two eggs over easy on corn tortillas with refried beans, cheddar cheese, fresh salsa, and red chili gravy.

9.<sup>25</sup>

**Fresh Wrap** our own flour tortilla wrapped around a two-egg spiral with tempeh bacon, avocado, black beans, cheddar cheese and fresh greens. Served with side of salsa & sour cream.

9.<sup>25</sup>

**The Rise Up Wrap** our fresh flour tortilla wrapped around a two-egg spiral with grilled diced veggies, seitan sausage, cheddar cheese and fresh organic greens.

9.<sup>25</sup>

**Huevos Wrap** our fresh baked flour tortilla wrapped around two eggs with the "huevos fixings": cheese, refried beans, red chili gravy, crispy corn tortilla strips and fresh greens.

9.<sup>25</sup>

**Veggie Burger Wrap** delicious house made veggie burger, wrapped in our fresh tortilla with cheddar cheese, fresh greens, tomato, red onion and garlic mayo

9.<sup>50</sup>

## Savory Brunch Specials

**OTR Special** our homemade English muffin topped w/ two scrambled eggs, our own seitan sausage, mixed veggies, and cheddar.

8.<sup>75</sup>

**The Late Riser** our homemade English topped with two scrambled eggs and cheddar over roasted red pepper, caramelized onion, and mushrooms.

8.<sup>75</sup>

**Veggie Benedict** fresh baked English muffin split, toasted and topped with two poached eggs, tomato, avocado, a slice of red onion, and fresh hollandaise sauce.

9.<sup>50</sup>

**Buckwheat Late Riser Crepes** two large fresh buckwheat crepes filled with caramelized onions, roasted red pepper, mushroom, one scrambled egg and cheddar

9.<sup>50</sup>

### Wood-Fired Brunch Pizza

**Breakfast Pizza #1** our sourdough crust topped with two scrambled eggs, home fries, our own seitan sausage, scallions, and cheddar

9.<sup>50</sup>

**Vermont Pie** Cabot cheddar cheese, local apples, walnuts baked on our wood fired crust and drizzled with local maple syrup.

8.<sup>55</sup>

**Greek Breakfast Pie** eggs, spinach, feta cheese, and red onion on our wood fired pizza crust.

9.<sup>00</sup>

**Positive Pinto Pie** red chili gravy, pinto beans, cheddar, fresh tomato & cilantro topped with one egg over medium.

9.<sup>50</sup>

### Omelets & Scrambles

**Cheese Omelet:** cheddar cheese inside a three-egg omelet. Served with toast

7.<sup>75</sup>

**Veggie Omelet:** diced veggies (onion, green pepper, red pepper, and zucchini) folded into a three-egg omelet. Served w/ toast

7.<sup>75</sup> add cheese +.<sup>50</sup>

**Greek Omelet** feta, a little mozzarella, spinach, diced purple onion, and tomato folded into a three egg omelet Served with choice of toast or English muffin.

8.<sup>50</sup>

**Classic Omelet** cheddar, Broccoli and Onion folded into a three-egg omelet Served with choice of toast or Eng. muffin.

8.<sup>50</sup>

**The Real Deal** Cheddar, diced veggie and seitan sausage folded into a three-egg omelet. Served with choice of toast or Eng. muffin.

8.<sup>75</sup>

**Scrambled Tofu DB Style** Scrambled tofu & diced veggies. Your choice: herby or spicy. Served with choice of toast or Eng. muffin.

8.<sup>50</sup>

Change your omelet to a three egg scramble for no charge or for + 1.<sup>00</sup> you can have your omelet as a wrap on our fresh house made tortilla.

## Everyday Favorites

**Famous Egg and Cheese:** our handmade bagel with one egg over hard and cheddar (with or without tomato). **4.<sup>50</sup>**

**Fresh Side Sandwich:** our handmade bagel with one egg over hard, tempeh, avocado, red onion and cheddar. **6.<sup>50</sup>**

**Pesto Egg & Cheese:** our handmade bagel with one egg over hard, pesto, mozzarella, & tomato. **6.<sup>50</sup>**

**Salsa Egg & Cheese:** our handmade bagel with one egg over hard, salsa, black beans and cheddar. **6.<sup>50</sup>**

## Basics

**Kids Pancakes** (Silver Dollars) our regular pancake batter in a kids portion of silver dollar pancakes **4.<sup>95</sup>** (add fruit of the day) **1.<sup>50</sup>**

**Fried Oatmeal** Oatmeal with Cranberries & Walnuts cooked and then sizzled on the grill **4.<sup>95</sup>** side **6.<sup>95</sup>** full plate

**One Egg** any style with toast **4.<sup>25</sup>**

**Two Eggs** any style with toast **5.<sup>25</sup>**

**Scrambled Tofu & Diced Veggies**

herby or spicy. Served w/ toast **8.<sup>50</sup>**

**Organic Oatmeal:** bowl of hot oats specify raisins, walnuts, brown sugar, & butter. **4.<sup>95</sup>**

**Granola with fruit:** our bakery made granola and fresh cut fruit. Specify whole milk, skim milk, soy milk or Butterworks Yogurt. **4.<sup>95</sup>**

**Just One Egg** any style **2.<sup>25</sup>**

**Large home fries** **4.<sup>95</sup>**

**Small home fries** **2.<sup>95</sup>**

**Cut Fruit** **2.<sup>50</sup>**

**Slice of toast** **1.<sup>00</sup>**

**Small wood fired Cheese Pizza** **7.<sup>00</sup>**

**House made vegetarian sausage**  
(Choose savory crumble or sweet maple patty) **1.<sup>50</sup>/3.<sup>00</sup>** (patty)

**Tempeh bacon** (4 pieces) **1.<sup>75</sup>**

**Cheese Quesadilla** our fresh flour tortilla rolled out to order. Filled with Cabot sharp cheddar and baked in the wood fired oven. served with salsa and sour cream. **6.<sup>95</sup>**  
add black bean and diced veggies **7.<sup>95</sup>**

## Customize

**for .50**  
red chili gravy, salsa, sour cream, pesto

apple, artichoke, basil, black beans, broccoli, caramelized onion, cilantro, garlic, green pepper, kalamata olives, mushroom, pineapple, raisins, red onion, roasted red pepper, red onion, sprouts, sundried tomato, sweet corn, tomato, walnuts, zucchini

asiago, cheddar, chevre, cream cheese, feta, mascarpone, mozzarella, ricotta, tofu

**for .95**  
tempeh bacon, setain sausage, avocado, cut fruit or fruit sauce (when available)

\* We always use the best freshest high quality local products we can find in our cooking. Some of our local suppliers include: Butterworks Farms, Chuck Linn Sugarworks, Franklin Heyburn Honey, Last Resort Farm, Gleason Grains, On the Hill Farm (that's us), Pete's Greens and Freedom & Unity Farm. Eggs used in our brunch are local and free range supplied from Jericho Settlers Farm or Maple Wind Farm.

## Fresh Made Drinks

**Mixed Berry Smoothie** Strawberry, blueberry, raspberry, banana, with your choice of juice or milk. **4.<sup>35</sup>**

**Ginger Peach Smoothie** Peach, banana, and grated ginger blended with your choice of juice or milk. **4.<sup>35</sup>**

**Strawberry Cream Smoothie** Frozen Strawberries, your choice of milk, maple syrup and a little vanilla. **4.<sup>35</sup>**

**Chocolate Bliss** Frozen Bananas, rich sweet cocoa and your choice of milk. **4.<sup>35</sup>**

**Fresh Squeezed OJ** **3.<sup>00</sup>**

**Milk, OJ** **1.<sup>25</sup>**

More Cold Drinks in the cooler or on tap...

Unless noted prices do not include state rooms and meals tax of 9%