

# On the Rise

## DINNER MENU WE-SA 5:00-8:00 PM

Our dinner menu is centered on the wood fired oven and fresh organic ingredients from our gardens and other great local farms. We make everything from scratch right here. We hope you enjoy it!

Ben, Rae, and OTR Staff

### SMALL PLATES & SALADS:

to order as a starter, light meal, side dish, or for kids

**GARLIC STRIPS:** garlic and olive oil kneaded into our sourdough crust and served with a side of tomato sauce. 7.50 try a side of yogurt dill dipping sauce +.95

**FOUR CHEESE BREAD STRIPS:** Cheddar, Asiago, Mozzarella & Parmesan on our sourdough and served with a side of tomato sauce. 7.95

**WOOD FIRED PLAIN QUESADILLA:** our fresh flour tortilla rolled out to order. Filled with Cabot sharp cheddar and baked in the wood fired oven. served with fresh salsa and sour cream. 6.95

**BEAN AND VEGGIE QUESADILLA:** add black beans and diced veggies to our wood fired quesadilla. with fresh salsa and sour cream. 7.95

**CHEESE MELT SANDWICH:** the day's bread topped with melted cheese (a good choice for kids) 5.25

**BASIC SALAD:** fresh local greens topped with cucumber, red onions, carrots, tomatoes, and On the Rise croutons. Small 4.95 Large 6.25

**DELUXE SALAD:** add sprouts, broccoli, toasted sunflower seeds, raisins and your choice of cheddar, feta, or marinated tofu to the basic salad. Small 6.25 Large 8.25

**VEGGIE PLATE:** a selection of celery, carrot cucumber, and pepper sticks. Served with our own pita or bagel chips and a side of yogurt dill dressing 6.25 Add hummus 8.25

**STARTER PLATE:** Pita Chips with olive tapenade, cheese, fresh tomatoes, cucumbers garlic olive oil and bread 7.95

**WOOD FIRED PIZZA:** our light, thin sourdough crust topped with your choice of fresh, organic and local toppings. Check out our toppings list.

Large (16") 15.00 Topping 1.75  
Small (10") 7.00 Topping .95

### PIZZA TOPPINGS:

**Cheeses:** Mozzarella, Feta, Cheddar, Asiago Parmesan, and Chevre. **Toppings:** apple, artichoke, basil, black beans, black olive, broccoli, caramelized onion, cilantro, corn, fresh tomato, green peppers, mushroom, pineapple, red onion, roasted eggplant, roasted red pepper, seasoned tofu, sun-dried tomato, tempeh bacon, seitan veggie sausage, walnut, zucchini.

### PIZZA SPECIALS:

**FOUR CHEESE & HERB:** Mozz., cheddar, asiago, feta, with basil, oregano, rosemary, thyme, fresh pepper 8.50/17.25

**HAWAIIAN:** Mozz, Pineapple, choice of seitan or tempeh bacon 8.50/17.25

**VERMONT:** Apple, sharp cheddar, walnuts, w/ a drizzle of maple syrup. 8.95/18.50

**CHEVRE & ROASTED VEGGIE:** Mozz, chevre, red peppers, mushrooms, caramelized onions, squash, zucchini, herbs 11.25/21.50

**MARGARITA:** Garlic, fresh mozz, basil, tomato, ground pepper, olive oil. 8.50/17.25

**VEGAN:** Seasoned tofu, peppers, squash, garlic, scallion, eggplant, spinach 11.25/21.50

**SECOND STORY:** Mozzarella, feta, roasted red pepper, caramelized onion, mushroom, walnuts, under fresh greens 11.25/21.50

**MEDITERRANEAN:** Mozz, eggplant, spinach, olives, feta, rosemary 8.95/18.50

**MEXICAN:** Salsa, black bean, corn, cheddar, and cilantro 8.95/18.50

**CLASSIC:** Mozzarella, sauce, carm. onion, mushroom, kalamata olives 8.00/17.75

**POSITIVE PINTO PIE:** Red chili gravy, pinto beans, cheddar, fresh tomato & cilantro 8.00/17.75

**SHORT MEMORY:** Mozz, Pineapple, tempeh bacon, black bean, salsa & fresh Cilantro 8.00/17.75

**WINNOSKI RIVER WALTZ:** White pizza with mozz, herbed ricotta, red onion, roasted red peppers, and fresh baby spinach 8.00/17.75

## DINNER PLATES

**SEARED TEMPEH WRAP:** Our fresh flour tortilla wrapped around pan seared tempeh, baby greens, sprouts, and avocado. Served with wasabi mayo dipping sauce. 9.25

**HOT & COLD WRAP:** Fresh flour tortilla with melted cheddar and roasted veggies (pepper, caramelized onion, mushroom, and eggplant) stuffed with fresh greens, sprouts, and tomato 9.25

**VEGGIE WRAP:** Fresh flour tortilla stuffed with greens, tomato, cucumber, sprouts, carrots, and choice of cheddar or feta cheese. 8.25

**DELUXE QUESADILLA:** a generous portion Black beans, corn, salsa, cheese and fresh greens stuffed in a hand made fresh tortilla. 8.95

**ON THE RISE BURRITO:** Fresh flour tortilla stuffed with greens, rice, beans, cheddar cheese, and a choice of roasted or fresh-diced veggies. Baked in the wood fired oven 9.25

**TOSTADA:** two corn tortillas with melted cheddar, black beans, diced veggie and fresh greens. Served with sour cream and salsa. (gluten free) 9.25

**TLT:** Our marinated tofu served up hot on our own toast of the day with lettuce tomato, choice mayo and mustard. 8.95

**ON THE RISE VEGGIE BURGER:** our own special recipe veggie burger on the days bread toasted with garlic mayo, lettuce, tomato, fresh cucumber pickles, and red onion. 8.95

**CHEESE MELT DELUXE:** The day's bread topped with melted Cabot cheddar cheese and roasted red pepper, mushroom, and caramelized onions. Served with fresh greens. 8.95

**RYAN WRAP:** Fresh flour tortilla with melted cheddar tempeh, pineapple, black beans, fresh greens and salsa 9.25

**THE NAKED BURRITO:** (no tortilla) pinto beans, rice, and cheddar cheese served on a bed of fresh green and tomato with your choice of roasted or fresh veggie served with sour cream and fresh salsa 8.95

**BRUSCHETTA TRIO** Three generous slices of our naturally leavened bread: the first with pesto, mozz. roasted red pepper and carm. onion- the next with olive tapenade, red onion, baby spinach and feta- and the third with mozz, fresh tomato and basil 9.25

## DRINKS:

### COLD DRINKS:

**SMOOTHIE:** options at counter 4.36

**MILK, OJ, APPLE JUICE:** 1.25

**ICED COFFEE & TEA:** 1.93

### BEER

Local and organic Beer on tap check the taps for our current selection

Pint 4.00 (tax incl.)

Cup 3.00 (tax incl.)

**WINE:** check at bar for selections

Glass: 6.00 (tax incl.)

Bottle: 20.00 (tax incl.)

### HOT DRINKS:

**COFFEE, DECAF, OR TEA**

1.61

**ESPRESSO, LATTE, CAPPUCINO, MAPLE LATTE, MOCHA, BLACK CAT CHAI, HOT CHOCOLATE, STEAMED CIDER AND MORE AVAILABLE**

## **On the Rise is a Venue!**

One of our main inspirations in creating this space was to make On the Rise a comfortable venue for music, art, and film. The arts are an important tool for bringing people together and creating social change in good and simple ways. We are here to contribute to a community that appreciates, creates, and enjoys art and music. We are proud to present the best, live and local music four nights a week right here in Richmond.

If you would like to find out more about the bakery or upcoming performances you can visit us online at [ontherisebakery.net](http://ontherisebakery.net) Please send us an e-mail with suggestions or ideas at [info@ontherisebakery.net](mailto:info@ontherisebakery.net)

We are a small venue and appreciate your contributions to help us support all of the hard working and talented artists that play here at On the Rise. Your support will allow us to sustain and continue this creative mission for years to come.

All the best,  
Ben & Rae